Excellence through Respect, Responsibility and Participation

Parents & Citizens Association meet first Wednesday in the month at 7.00pm

Phone No. 6385 3009  Fax 6385 3409  Email: boorowa-c.school@det.nsw.edu.au  Website: http://www.boorowa-c.schools.nsw.edu.au

Term 2 Week 3

Last day of NAPLAN today and tomorrow will be a catch up day for students who have been away. Whilst students will receive some feedback about their results the value of the data the school gets back is highly valuable to us as well as to parents. We thank parents for showing their support by the high participation of our students.

We would like to emphasise the need not to cause participating students any stress regarding the NAPLAN exam. This is a data gathering exam to help provide us with programs that will benefit our children in literacy and numeracy.

Opportunity for AIME Mentoring Program. Three of our Year 12 students have been invited to participate in this prestigious program at the ANU. The students will be attending on separate occasions throughout the school year.

Primary Excursion
Students in Years 3-6 have the opportunity to attend an excursion to Katoomba in the last week of term 3 this year. This is a very exciting excursion that directly links to stage 2 & 3 units of work including ‘British Colonisation’, ‘Gold’ and ‘State and National Parks’.

The excursion has been costed on minimal numbers however if more students express an interest this cost will reduce. There are potentially 70 students who could attend this excursion but the bus has been costed only at 27 students. This excursion provides opportunity for learning experiences that students in rural areas may not often get the chance to participate in. The amount owing can be paid off over the next 2 terms (20 weeks). The expression of interest is due to school next Friday because accommodation bookings need to be confirmed.

Enquiries can be directed to Ms Mahoney.

Variation of Routine
Students in Years 5/6 are currently undertaking a unit of work that is investigating river systems and quality of water. Students will walk to the Boorowa River within the next few weeks to collect samples of water and test for clarity, Ph and turbidity. Students do not require a permission note.

Primary Assembly and Walkathon
A primary assembly will be held next Friday 23rd May. The assembly will commence at 12.00 pm. Following the assembly students will participate in the Walkathon, which will take place during sport.

GRIP Leadership Conference
17 Year 5/6 students will travel to the Australian Institute of Sport on Monday 26th May for the GRIP Leadership Conference. Students are looking forward to this day and intend on sharing their experiences with all students in Stage 3.

Reminder of details:
Students are required to wear school uniform.
The bus will depart from school bus area at 7.30am.
and return at approximately 4pm. A canteen will NO
be available. Please provide your child with a packed recess and lunch. A water bottle is essential. Money to purchase afternoon tea at McDonald’s if you wish.

District Cross Country
Selected students will participate in the District Cross Country on Monday 2nd June at Koorawatha. Students who have met the qualifying time were notified on Tuesday and will receive details on a permission distributed today.

The following students are congratulated on their efforts and we hope they gain a personal best: Logan Mears, Harvey Gay, Jacob Cayfe, Jackson Barker, Aydien Gurney, Katlyn Edwards, Natasha Hagar, Imogen Pye, Holly Blom, Riannia Apps, Indiah Morgan, Joshua Gurney, Tobias Piper, Marlie McIntosh, Max Hagar, Zach Franklin, Parrish Brown, Jasmine Mitchell, Jasmine Nash and Mackella Pye

Primary Athletics Carnival - Friday 30th May
Children turning 8 years to 13 years in primary will be participating in the school Athletics Carnival that will be held at the Boorowa Recreation Oval on Friday 30th May from 9.00am to approximately 3pm.

Students need to travel directly to the Recreation Oval on Friday morning. Children who catch buses will be dropped at the Recreation Oval.

We are extremely grateful to the P & C who will provide a canteen and sausage sizzle. Items can be purchased for recess however it is strongly encouraged that children take their own fruit and plenty of water for the day.

Students in Years Kindergarten to Year 2 (who are not turning 8 years) will come to school as normal and participate in classes until approximately 11am. Further details of the infant activities will be provided shortly.

Students are required to wear full school sport uniform, a hat and sunscreen. Students are allowed to wear spikes for most events; however rules apply when wearing these. Spikes cannot be worn for the 800 metre event.

Parents who wish to take their child/ren before the conclusion of the carnival are asked to sign students out from the supervising teacher stating their time of departure and will be recorded as partial leave.

All students will walk back to school at the conclusion of the carnival and catch school buses as per usual.

Should there be inclement weather on this date you will be notified on 2LF between 7.00am and 7.15am.

We would like to thank all parents who have offered to assist in running events. A roster of times and jobs will be distributed next week.

Secondary Cross-country
Secondary Students will have the opportunity to compete in the cross country on Wednesday 21st May 2014. The students will be transported to the course by the school bus and compete over the qualifying distances for the CHS competition.

As this is for students who want to run the course competitively it will be run regardless of weather conditions as this is how the region and state carnivals will be run. Students who want to compete in this event have indicated their interest at school. If your student was absent please let the office know or Mr Blomfield by Monday 19th May no later than 3:30pm

Last Monday we commenced our toast of a morning for students in Infants/Primary section. This has been an ongoing offer for our students for the past few years due to the generosity of a local community family and we thank them once again for their contribution to our school.

A healthy, nutritious breakfast that provides your kids with adequate energy is a great way to start the day. The best breakfasts should include fruit or vegetables, a dairy product (or alternative) and a wholegrain bread, cereal or grain product. Some may think that preparing and eating a healthy breakfast is time-consuming, but this is not necessarily the case.

Why not try some of the following suggestions you can even mix and match according to your children’s tastes and preferences.

- Raisin bread or fruit loaf topped with fruit such as bananas or strawberries.
- Wholegrain cereal with milk and chopped fruit
- Hot porridge with milk and fruit
- Yogurt topped with a muesli style cereal and fruit
- Baked beans with wholegrain toast and fruit juice
- Scrambled or poached eggs with toast and milk
- Wholegrain muffins with cheese and tomato and fruit
- Wholegrain toast with jam, honey plus sliced banana and a tub of yogurt
- Fruit smoothies with milk, yogurt and soft fruit
Kindergarten

**Name:** Nicholas Wilson  
**Favourite Animal:** Dolphin  
**Favourite Colour:** Blue  
**Favourite Beverage:** Apple Juice  
**Favourite Music:** Tiger the Fire  
*I am Star Student of the Week because...*I worked really really hard all week long and it was a long week.

Year 1/2

**Name:** Carrie Smith  
**Favourite Animal:** Cat  
**Favourite Colour:** Light pink  
**Favourite Beverage:** Hot chocolate  
**Favourite Music:** Samantha J  
*I am Star Student of the Week because...*I did all of my work and I listened well.

Year 2/3

**Name:** Logan Mears  
**Favourite Animal:** Diamond python snake  
**Favourite Colour:** Purple  
**Favourite Beverage:** Coke  
**Favourite Music:** Justice Crew  
*I am Star Student of the Week because...*I was kind and I did my homework.

---

**TERM 2 - WEEK 2 - PRIMARY/INFANTS AWARDS**

**FIRST STAR CARD**
Logan Mears  
Dalijana Shemon

**25 NIGHTS READING**
Belle Riles  
Athor Aborro  
Mylee Taylor  
Breah Polsen  

Krystal Cooke  
Tyler Sullivan  
Max Galvin  
Nicholas Wilson  

Hayden Croker  
Finlay Shore  
Destiny Hardefeldt  
Jack McMahon

**50 & 75 NIGHTS READING**
Natasha Hagar

**CLASS MERIT AWARDS**
Harvey Gay – completing all Year 3 core spelling words

---

**BOOK CLUB DUE TOMMORROW!**

**REMINDER**

YEAR 12 FORMAL FUND RAISER
Year 12 will be holding a raffle for a trailer load of wood. Tickets are $2 each or 3 for $5. The raffle will be drawn June long weekend.

---

**Bringing Valuables to School—**The Department of Education and Communities’ policy is that valuables of any kind are brought to school at the owner’s own risk.
Bringing Valuables to School—The Department of Education and Communities’ policy is that valuables of any kind are brought to school at the owner’s own risk.

---

May 2014

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td>12</td>
<td></td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
</tr>
<tr>
<td></td>
<td>18</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
</tr>
<tr>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
<td></td>
</tr>
</tbody>
</table>

Country Education Foundation of Australia
Food & Fibre

---

P & C FUNDRAISER 2014

WHAT: “Joker Draw”
Where: Courthouse Hotel Boorowa
When: “Friday night 16th May, 6.30pm—7.30pm” (Tickets can be purchased on the night)

Bring the family and come along for a fun night out, buy some tickets in the “Joker Draw and support your P&C. The “Joker Draw” Jackpot now stands at $1200.

---

St Patrick’s Parish, would like to thank everyone who supported the cake stall/raffle last weekend. Profit from the stall was $1211, a great effort and winner of the raffle was Teena McGrath. Thank you.
Years four, five, and six made Jerusalem artichoke soup this week. The Jerusalem artichokes were freshly dug from the school garden, and we thought they looked like ginger. None of us had tried Jerusalem artichokes before, but most of us loved the soup. You could also make this soup using just potatoes instead of the artichokes.

### Jerusalem Artichoke Soup

**Ingredients**
- 400g Jerusalem artichokes
- 250g potatoes
- 2 bacon rashers
- 1T olive oil
- 2 bay leaves
- 750ml water
- 2t stock powder
- Fresh thyme
- Salt and pepper to serve

**Method**
1. Peel and dice the Jerusalem artichokes.
2. Peel and dice the potatoes.
3. Dice the bacon.
4. In a saucepan, heat the oil on a medium heat.
5. Add in the bacon, Jerusalem artichokes, and potatoes.
6. Stir for 5 minutes or until the bacon has cooked.
7. Add in the bay leaves, water, stock powder and thyme and cook for 15 minutes, or until the potato and artichokes are soft.
8. Season with salt and pepper if needed.

Last Wednesday 2 mixed netball teams made up of 5/6 students travelled to Young to participate in the local Netball NSW Cup Gala day.

**The BCS Thunderbirds made up of:**
Max Hagar, Josh Gurney, Mackella Pye, Acacia Blom, Erin Ferry, Grace Barker, Marlie McIntosh and Jasmine Nash played well as a team by the end of the day coming away with 2 wins and 2 losses.

**The BCS Swifts made up of:**
Josh Southwell, Luke Dean, Jasmine Mitchell, Gypsy Carney, Fleur Corcoran, Claire Howlett, Amanda Noakes and Riley-Shae Gordon had some great passages of play and against some tough opposition, came away with 1 win and 3 losses.

All the students and parents enjoyed the wonderful weather and great carnival atmosphere. The students are to be commended on their great sportsmanship and willingness to participate in this event, they were a pleasure to take away and wonderful ambassadors for our school.

**Coming Event:**
**Year 5/6 Mortimer Shield Young**
**Wednesday 28th May 2014**
Boorowa Central School Canteen Roster
Term 2 2014
Can’t do a day? Please organize a replacement
Parents who wish to volunteer for canteen duty please contact either the school office or Marie Martin or Samantha Pye in the school canteen.

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>28/04/14 Staff Development</td>
<td>29/04/14 Val Coble</td>
<td>30/04/14 Megan Moorby</td>
<td>01/05/14 Michelle Sargent</td>
<td>02/05/14 Jen Grey</td>
</tr>
<tr>
<td>2.</td>
<td>05/05/14 Terry Galvin</td>
<td>06/05/14 Janine Hagar</td>
<td>07/05/14 Gail Grimson</td>
<td>08/05/14 Wendy Croker</td>
<td>09/05/14 Angela Summerfield</td>
</tr>
<tr>
<td>3.</td>
<td>12/05/14 Sharon Hinds</td>
<td>13/05/14 Val Coble</td>
<td>14/05/14 Megan Moorby</td>
<td>15/05/14 Sue Wales</td>
<td>16/05/14 Jen Grey</td>
</tr>
<tr>
<td>4.</td>
<td>19/05/14 Terry Galvin</td>
<td>20/05/14 Lynell Warren</td>
<td>21/05/14 Tracey Karchinsky</td>
<td>22/05/14 Kerry Edwards</td>
<td>23/05/14 Judy Mitchell</td>
</tr>
<tr>
<td>5.</td>
<td>26/05/14 Sharon Hinds</td>
<td>27/05/14 Janine Hagar</td>
<td>28/05/14 Megan Moorby</td>
<td>29/05/14 Michelle Sargent</td>
<td>30/05/14 Naomi Roberts</td>
</tr>
<tr>
<td>6.</td>
<td>02/06/14 Terry Galvin</td>
<td>03/06/14 Lynell Warren</td>
<td>04/06/14 Tracey Karchinsky</td>
<td>05/06/14 Wendy Croker</td>
<td>06/06/14 Angela Summerfield</td>
</tr>
<tr>
<td>7.</td>
<td>09/06/14 Public Holiday</td>
<td>10/06/14 Val Warren</td>
<td>11/06/14 Megan Moorby</td>
<td>12/06/14 Sue Wales</td>
<td>13/06/14 Judy Mitchell</td>
</tr>
<tr>
<td>8.</td>
<td>16/06/14 Sharon Hinds</td>
<td>17/06/14 Lynell Warren</td>
<td>18/06/14 Tracey Karchinsky</td>
<td>19/06/14 Kerry Edwards</td>
<td>20/06/14 Naomi Roberts</td>
</tr>
<tr>
<td>9.</td>
<td>23/06/14 Terry Galvin</td>
<td>24/06/14 Janine Hagar</td>
<td>25/06/14 Megan Moorby</td>
<td>26/06/14 Michelle Sargent</td>
<td>27/06/14 Gail Grimson</td>
</tr>
</tbody>
</table>

A REMINDER TO VOLUNTEERS: All workers must wear covered shoes whilst working in the canteen.

Bringing Valuables to School—The Department of Education and Communities’ policy is that valuables of any kind are brought to school at the owner’s own risk.
Each individual student who has been bullied or is bullying others will respond and act differently. A student’s behaviours and moods can also change for a variety of reasons. However, the following are some signs that may indicate a student is experiencing bullying:

Signs a teacher may notice:
- Becomes aggressive and unreasonable
- Starts getting into fights
- Refuses to talk about what is wrong
- School grades begin to fall.

Sometimes bullying can be less obvious. Signs can include:
- Student is often alone or excluded from friendship groups at school.
- Student is a frequent target for teasing, mimicking or ridicule at school.
- Change in the student’s ability or willingness to speak up in class and appears insecure or frightened.

Signs a parent may report:
- Doesn’t want to go to school
- Changes their method or route to school or are frightened of walking to school.
- Changes in sleep patterns
- Changes in eating patterns
- Frequent tears, anger, mood swings
- Unexplained bruises, cuts, scratches
- Missing or damaged belongings or clothes
- Arriving home hungry

Students who are more likely to be bullied are also more likely to:
- Feel disconnected from school and not like school
- Lack quality friendships at school
- Display high levels of emotionality that indicate vulnerability and low levels of resilience.
- Be less well accepted by peers, avoid conflict and

A student who bullies may:
- Repeatedly tease, imitate or make fun of the same targets
- Feel the need to dominate or control others
- Show no compassion for someone who’s experiencing bullying
- Repeatedly exclude or ignore the same target
- Whisper behind their backs on a frequent basis

Students who frequently bully others are more likely to:
- Feel disconnected from school and dislike school
- Demonstrate good leadership skills
- Demonstrate good verbal skills and ability to talk themselves out of trouble.
Dear Parents,

The Active After-School Communities program is a national initiative that provides primary school children with access to free sport and other structured physical activity programs in the after-school time slot of 3.30pm to 4.30pm.

The program aims to engage traditionally inactive children in sport and other structured physical activities and through a positive and fun experience, develop a love of sport that inspires them to join a local sporting club.

**WHAT IS OFFERED:**

Primary aged children are invited to participate in one hour of physical activity at Boorowa Central School Hall on Tuesdays, Wednesdays and Thursdays commencing **Week 2 Term 2 Tuesday 6th May, 2014**, continuing until **Week 8**.

Free afternoon tea for all children who participate in this structured physical activity

Registered and highly trained coaches

Fully Supervised by a Teacher from Boorowa Central School

**COST:** $0 no cost involved

**ACTIVITIES AVAILABLE:**

<table>
<thead>
<tr>
<th>Term 2 Sports</th>
<th>Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gymnastics/Athletics Games</td>
<td>Tuesday</td>
</tr>
<tr>
<td>Basketball</td>
<td>Wednesday</td>
</tr>
<tr>
<td>Touch Football</td>
<td>Thursday</td>
</tr>
</tbody>
</table>

If you are interested in your child/children participating in such a fantastic opportunity please fill out the permission slip below and return to Boorowa Central School by the **6th May, 2014**.

**Please note that children are to be picked up promptly at 4.30pm from the Boorowa Central School Hall. In addition please indicate any medical issues that need to be forwarded to supervising staff on permission note below**

**Active After Schools Community**

I, .................................... give permission for my child/children, ........................................................ to participate in the Active After Schools Community to be held weekly at Boorowa Central School Hall.

**CHOOSE ONE**

I will pick-up my child at 4.30pm OR My child has permission to walk home after

My child/children will attend (Please Circle):

Tuesday session  Wednesday session  Thursday session

Please indicate any medical issues that staff need to know in the space provided:

Signed .......................................................... Date ........................................................