Active After Schools has wrapped up again for another term at Boorowa Central School. I would like to thank all of the secondary student-coaches who assisted this term with the continuation of the program at our school.

Active After Schools is a great program supported by the Australian Sports Commission which encourages kids to be active in a safe and positive environment. BCS is in the unique situation of being able to utilise the knowledge and enthusiasm of secondary students in running the AAS program for primary students. This term, dancing, basketball and soccer were all offered, with Aleshia from local group, Footsteps Dance, bringing the excitement of dance to the BCS hall.

Active After Schools will kick off once again in Term 4. We will begin our three sports in Week 2; keep an eye out in the newsletter for the offered sports as well as the permission note.

Scripture: NET Team

Year 7 - 11 parents are advised that the NET team, from the Catholic Archdiocese, will be visiting the school next Wednesday to deliver workshops to students. While the program has not as yet been finalised, past workshops have dealt with bullying, leadership and other issues of interest to adolescents.

Year groups will have a one hour workshop.

Should you not wish your child to attend these workshops, please send a note in to the school office by Tuesday morning, attention Mrs Valencic. Students not attending will be supervised in the library to complete work.
OUR EXCURSION

First we went on the bus to Canberra. Then we went to The National Museum. We looked at amazing stuff. We saw the Aboriginal Paintings. Next we went to The Australian War Memorial. We went and looked at the big submarine. We put the poppies down on the unknown soldiers. At the end we went back on the bus and went back to the school. The parents picked us up and we went home. I felt happy about our day.

By Mylee Taylor

On Tuesday we went to Canberra and we went on the bus there. We looked at the old tractor at the Museum. Next we saw lots of stuff and saw a pig that had two bodies. Then we had lunch. I dressed up as Rickie the soldier that had survived the war. That was the best day of the year.

By Erik Hagar

Yesterday was a very special day because Kindergarten, Year 1 and Year 2 went on an excursion. First we went to The National Museum and it was interesting. Then we went back on the bus and we went to The War Memorial. We had a ride to The War Memorial. We put our poppies down and we got off the bus. We saw all the soldiers that fought for our country. That is why we left our poppies there so we could remember them. It was the happiest day of my life and the most interesting day of my life.

By Finlay Shore

On Tuesday I went on an excursion. I had an awesome time. This will always be my bestest day. First I went on the bus. The bus had red and white and blue on it. Then we went to the National Museum. Then we had lunch. Then we went to The Australian War Memorial. I saw the medals and they were the soldiers medals.

By Aleksander Cummins
13th Fastest Relay Team in NSW
Four girls from Boorowa Central School travelled to the International Athletic Stadium at Olympic Park last Thursday to compete in the girls 16 year 4 x 100 metre relay.

The enormity of the stadium and high tech equipment was embraced by the team with excitement and will remain etched in their memories for a long time. The girls entered the stadium extremely nervous but keen to make an impression. Many large Sydney and Coastal schools were listed on the 7m x 6m electronic videoboard along with their small, rural school name, which only intimidated the girls slightly. Tracey, their first runner was met with a new experience of using the compulsory starting blocks however she managed these with grace. The heat only lasted 56 seconds when Charlee crossed the line in 4th place.
From the 24 schools that made it to state the girls placed a credible 13th overall with only the top 8 going through the final.

The track was a totally new experience which is a pre-fabricated, vulcanised and embossed material, laid like carpet rather than mixed and poured on-site. The girls commented that it was quite difficult initially to race on because their spikes seemed to stick to it unlike the grass they are used to.

The girl’s trainer, Mrs Erin Harris is thanked for her efforts in preparing the girls for this one in a lifetime experience. Many family members, friends and the school are very proud of their achievement.

7th Highest Jumper 16 year old girls in NSW
Madeline Edwards from Boorowa Central School travelled to the International Athletic Stadium at Olympic Park last Friday to compete in the 16 year girls high jump.

Madeline was up against girls who had facilities to prepare and train compared to her training which was limited to using the school equipment during lunchtimes. She knew that the starting bar height was going to be a challenge being 1.45m and she overcame her nerves jumping the height and going on to jump an astonishing 1.52m beating 6 other competitors. This placed her 7th in the state overall. She was thrilled with her achievements and has plans to continue to train for next year. Both her family and the Boorowa Central School community are extremely proud of her achievement.
On Thursday the 28th August Years 5/6 PSSA girls Touch competed in the quarterfinals against Parkes Public School. It was a very close game with both sides having 2 tries all at half time. Unfortunately with only minutes until the end of the game, Parkes scored another try to win them the game 3-2. Despite losing we are very pleased with the girls’ efforts as there were 40 schools competing in the knockout and they finished in the top 8. A big thank you must go to Sam Pye and Chris McIntosh for giving up their time to come and train the girls and to the parents who came and supported at the games.
Gym Day was a great success. Our visitors from Rugby School together with our infants and primary students joined us for a day of exercise and the opportunity to learn new gymnastic skills.

The day would not have been the success it was without the help of our secondary students and primary gym club members.

A big thank you to Mrs Harpley and her husband Greg Maber who once again coordinated this annual gymnastic day.
Bringing Valuables to School—The Department of Education and Communities’ policy is that valuables of any kind are brought to school at the owner’s own risk.

THE SCARECROW WALK HAS BEEN CANCELLED

CALLING FOR YOUR FAVOURITE RECIPES TO INCLUDE IN OUR COOKBOOK!!

We are putting together a cookbook to raise money for the Stephanie Alexander Kitchen Garden Program. We would love it if you could choose your favourite recipe for us to include in the book. When published, each recipe will have your child’s name and class printed at the bottom. Everyone can send in a recipe mums, dads, students, grandmas, grandpas, infants, primary and secondary. We will try to include as many as possible.

Mrs Southwell, our fabulous kitchen specialist, has already contributed some of the children’s favourite recipes from her cooking classes.

Can you please send your yummy recipes in with your child or bring them to the school office as soon as you can, we will be aiming to have the cookbook ready to publish early next year?

We are looking forward to getting your delicious recipes!!

WOOLFEST IS AROUND THE CORNER………..

Can you spare an hour and come along and help at the P & C Stall
Between 8.00am—3.00pm
Sunday 5th October

Please contact Kim on 040 869 6104 or 63 853 690 or contact the school office on 63 853 009 if you can come along. Would love to see you there!!

This year we will set up outside the Courthouse Hotel and will be selling Gourmet Hot Dogs, Drinks and Showbags.

A bag of casual clothes has been left under the infants COLA. Please call at the school office for collection of the clothes.
Bringing Valuables to School—The Department of Education and Communities’ policy is that valuables of any kind are brought to school at the owner’s own risk.
Dear Parents,

It’s that time of year again when we call upon our community to help with our annual Touch/Netball Carnival. Remember this is our schools’ major fundraiser for the year and we need our community’s support to make this day a great success. So come one come all, Gran-dads, Grandmothers, Aunts and Uncles you are all welcome.

If you are able to assist us in any way at all please fill in the form below with your choice of time and/or donations and return to school office.

We/ I am able to help. Name ________________________________

Tuesday 14th October 9.00am - Marking Touch Fields or Netball courts
Wednesday 15th October 9.00am - Marking Netball Courts or Touch Fields
Thursday 16th October - 2.00pm erecting tents, speaker systems & parking signs etc,

<table>
<thead>
<tr>
<th>Time Slot</th>
<th>Netball</th>
<th>Touch</th>
<th>Touch/Netball B.B.Q.</th>
</tr>
</thead>
<tbody>
<tr>
<td>7.00am—9.00am Setting up &amp; Serving</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8.00am—10.00am Serving</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10.00am—12.00noon Serving</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12.00noon—2.00pm Serving</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.00pm – 4.00pm Packing Up</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

PLEASE SUPPORT YOUR SCHOOL